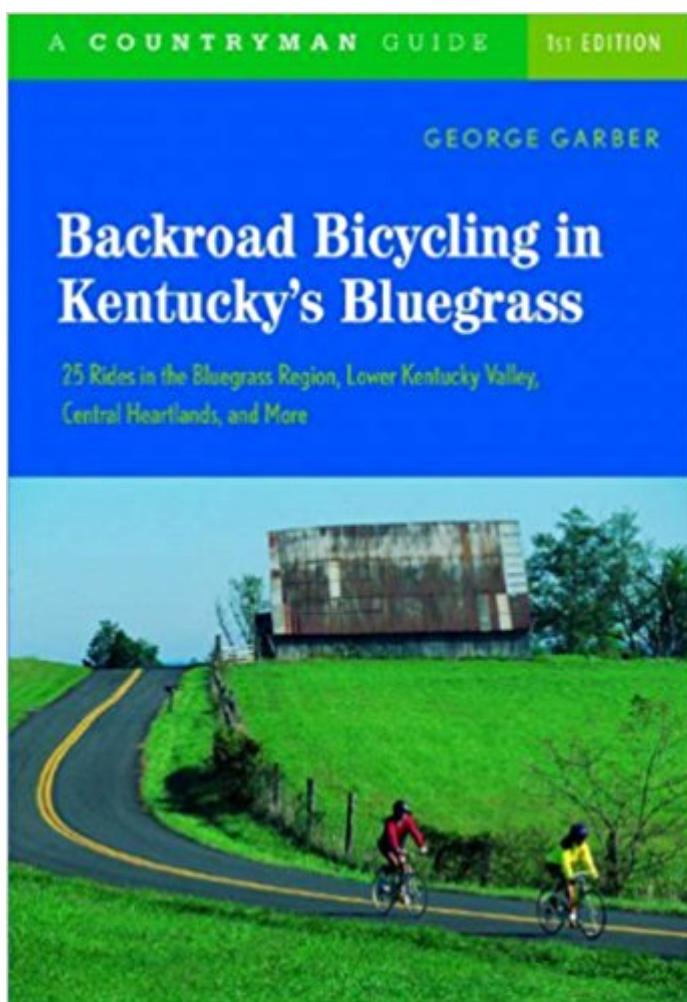


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# Backroad Bicycling In Kentucky's Bluegrass: 25 Rides In The Bluegrass Region, Lower Kentucky Valley, Central Heartlands, And More



## **Synopsis**

A guide to a region where spectacular scenery, gently rolling hills, and fascinating history combine for the perfect cycling experience. When you think of Kentucky, Daniel Boone and horse farms usually come to mind. What most people don't know is that the area's easy accessibility from major cities, quiet backroads, gentle terrain, and stunning river views make it an ideal place to explore by bicycle. Whether you're going out for a day trip or two-day ride, cyclists of all abilities will find many opportunities to explore this beautiful state. With detailed maps, mile-by-mile directions, and fascinating historical commentary about what you'll see along your ride, author George Garber will lead you along winding rivers and through covered bridges and pastoral farmlands, in addition to such places as: Frankfort, the state capital Lexington and horse country Kentucky Vietnam Veterans' Memorial Harrodsburg, the first Anglo-American settlement west of the Alleghenies Camp Nelson, a Civil War site Kentucky River Gorge Big Bone Lick State Park, home of fossilized woolly mammoths ...and much more. In addition, cyclists can ride a portion of the Transamerica bike route that runs from Virginia to Oregon, and that traverses almost the entire length of Kentucky. 25 black & white photos, 26 maps.

## **Book Information**

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## **Customer Reviews**

George Garber bicycles several thousand miles a year on the backroads of the Bluegrass region. He lives in Lexington, Kentucky.

This book offers 25 rides on lightly traveled roads that are scenic and safe. The maps are good and they all have accurate que sheets. Overall, this book provide what it claims- well planned cycling rides of various lengths in the Bluegrass region.

As an intermediate cyclist who was new to Kentucky, I've gotten a lot of use and value out of this book. It's got a wide variety of rides that have taken me to lots of places around the Bluegrass that I never would have found otherwise. Because rides vary from 4 to 100 miles, and from Easy to Moderate to Strenuous, it's also been good to grow with. I've done about half of these rides, and have only found a couple mistakes, which were easy to spot if you looked at a map beforehand.

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